



# SUCCESS BY 6<sup>®</sup>

## EASTERN FRASER VALLEY

### Learn More About *Success By 6* in the Eastern Fraser Valley

**CALL:** Chilliwack: 604.701.1040  
Toll Free: 1.866.643.8388

**MAIL:** #201-31667 South Fraser Way,  
Abbotsford BC V2T 1T8

**EMAIL:**  
**Regional Coordinator**  
info@successby6fraser.ca

**Community Representatives (Champions)**

<i>Abbotsford</i>	abby@successby6fraser.ca
<i>Agassiz-Harrison</i>	ah@successby6fraser.ca
<i>Chilliwack</i>	chilliwack@successby6fraser.ca
<i>Fraser Canyon</i>	canyon@successby6fraser.ca
<i>Hope</i>	hope@successby6fraser.ca
<i>Mission</i>	mission@successby6fraser.ca

**Aboriginal ECD Network Coordinator**  
aboriginal@successby6fraser.ca

**Visit: [www.successby6fraser.ca](http://www.successby6fraser.ca)**

In partnership



In B.C., *Success By 6* is a joint initiative of the United Way, the Credit Unions of B.C., the provincial government through the Ministry of Children and Family Development, and community leaders. It is active in over 200 communities throughout the province. For more information, visit [www.successby6bc.ca](http://www.successby6bc.ca)

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**A Child's Success Starts Early**



### The first six years are critical.

We all want our children to succeed in life. The foundation for that success starts at birth. A child's experiences from birth through age six have a profound and lifelong impact. This is when 90% of the brain's growth occurs and children develop emotional and social attachment, as well as language and motor skills. So, much depends on the environment in which we raise our children.

When children receive the right care and nurturing in these first six years, the results can be tremendous. As they grow into teens and adults, they are far less likely to behave poorly, have health problems, drop out of school, abuse drugs, or become involved in crime. Instead, they have a better chance of becoming responsible members of our communities.

When we invest in our children, we also invest in our communities and province. Research shows that for every dollar we invest in quality childcare, we save at least two dollars in social costs later. For children in vulnerable situations, it can be as much as seven dollars.

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Children enjoying the bouncy castle of the *Community Cruiser* in an Abbotsford park.

## Abbotsford

A *Community Cruiser* provided hundreds of hours of free fun and games for children in city parks during the summer. It was full of art and craft supplies and sports and games equipment, including a huge bouncy castle. *Success By 6* partnered with Central Abbotsford Community School to help sponsor the project.

## Chilliwack

The *Fit 4 You* prenatal and postnatal exercise program offers classes each week for moms and moms-to-be. Public health nurses lead the program at the Health Unit. They also provide nutritional information and answer the many questions that the moms have.



Deena Ropp-Reis and baby Libby enjoy *Fit 4 You*.



Donna Archibald and the children at Harrison Hot Springs Pre-School.

## Aggasiz Harrison

This new non-profit facility purchased learning materials and equipment with a *Success By 6* grant. It also developed “family learning kits” for the families of the children.

## Fraser Canyon

In Boston Bar, a “naptime supervisor” helps the kindergarten / grade one teacher in the elementary school. Each school day afternoon, the supervisor takes the kindergarten children for some stories and a nap. The older children can then continue their classes.



Kindergarten children enjoy quiet time.

## Aboriginal Communities

*Tuesday Club*, at Statxwaya in Mission, is a program that prepares children for kindergarten. Activities include crafts, snack time, and workshops. Elders mentor the youngsters, and members of the community visit. *Success By 6* also helps fund the position of coordinator for the Fraser Region Aboriginal Early Childhood Development Network.



Lawrence is a regular at *Tuesday Club*.



Maya and Madeline having fun at *Family Place* in Mission.

## Mission

*Family Place* on James Street is a friendly drop in for children under six as well as their parents and caregivers. The staff provides hot lunches and children can play, learn crafts, and take part in special programs. Everyone has fun!



Moms and children enjoying the *Mother Goose Program*.

## Hope

The popular *Parent-Child Mother Goose Program* is a group experience for parents and their babies and young children. The program focuses on rhymes, telling stories, and songs. The toddler group has 30 members!

## How You Can Help Children in Your Community

- **Be a model for the children in your life**  
Parents and caregivers play an important role in preparing children for life. Loving relationships help a child develop confidence, a love of learning, and the ability to make friends.  
For a child, the word “Love” is spelled “T-I-M-E.” Spend “together” time with your own children or grandchildren. Listen, talk, read, sing, and play with them.  
Make sure that the children in your care are healthy and safe.
- **Seek out support and services in the community**  
All parents and caregivers need support. Connect with people and organizations that care about children. These include community services and centres, libraries, and the public health unit.
- **Volunteer in an early years program**  
Find out how you can directly help an early years program in your community.
- **Advocate for family friendly workplaces**  
Employers should encourage employees to balance their work and family lives.
- **Sponsor a program**  
Find a program that supports young children and help sponsor it. These programs always need equipment, supplies, and volunteers.
- **Volunteer with *Success By 6***  
Help represent *Success By 6* in your community. Contact us to find out how you can help children and their families.
- **Donate to *Success By 6***  
Make a tax-deductible donation to *Success by 6*:
  - Online at [www.successby6fraser.ca](http://www.successby6fraser.ca)
  - By mailing a cheque.